VEDA UNION

RUDRAM 11

Continuous Śrī Rudram Camakam chanting guidelines

1. Introduction

This document describes Veda Union guidelines followed at Rudram 11 events for eleven times continuous $Śr\bar{\imath}$ Rudram Camakam chanting.

2. Chanting guidelines

Round 1 to 10

- Start every round with *om* (to set the pitch) before starting with the first mantra (*om namo bhagavate rudrāya*) of Śrī Rudram.
- Omit namaste astu bhagavan viśveśvarāya mahādevāya...
- Omit all mantras at the end of Śrī Rudram starting with yo rudro agnau...
- Immediately and without a break, om or śāntiḥ śāntiḥ śāntiḥ after mṛtyuñjaya mahāmantraḥ (tryambakam yajāmahe...), start with appropriate Camakam anuvāka.
- Conclude every round with om śāntiḥ śāntiḥ śāntiḥ.
- Allow a few seconds of break before starting a next round.

Round 11

- Start with *om* (to set the pitch) before starting with the first mantra (*om namo bhagavate rudrāya*) of Śrī Rudram.
- Chant namaste astu bhagavan viśveśvarāya mahādevāya... at the end of first Śrī Rudram anuvāka.
- Chant all mantras at the end of Śrī Rudram starting with yo rudro agnau... and concluding with ayam me viśvabheṣajo'yagm śivābhimarśanaḥ.
- Conclude the last 11th round of Śrī Rudram with om śāntiḥ śāntiḥ śāntiḥ.
- Immediately and without a break or additional *om*, start with last *Camakam anuvāka* starting with *ekā ca me tisraśca me...*
- Conclude with śāntiḥ mantra starting with iḍā devahūḥ... and om śāntiḥ śāntiḥ śāntiḥ.

3. Intonation

Appropriate intonation will be chosen to be comfortable for all, not too low, but not too high. Below are just rough guidelines.

Round 1 to 10

• D or D#

Round 11

• E or F

4. Speed

Appropriate speed will be chosen to be comfortable for all, not too slow, but not too fast. In general, the chanting is done in faster speed than normal.

5. Additional guidelines for Camakam

- In 5th *anuvāka*, do not stop after the word *kalpatām* (*paśava āraṇyāśca yajñena kalpantām*), but chant continously.
- In 10th *anuvāka*, do not stop after the word *kalpatām* (as in *āyuryajñena kalpatām*, *prāṇo yajñena kalpatām*), but chant continously.

For more information about Veda Union please visit <u>www.vedaunion.org</u> or write to <u>info@vedaunion.org</u>.